

SUBS ON GARLIC HERB BREAD NUG SIZE (4")	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
5-0 - Nug (4")	460	25	7	0	70	1850	33	1	2	23
A-train - Nug (4")	490	30	11	0	45	1050	40	3	5	17
AK-47 - Nug (4") - No Au Jus	330	11	5.5	0	45	1050	36	1	3	25
Acapulco Gold - Nug (4")	450	18	8	0	55	1160	42	1	10	28
Apollo 13 - Nug (4")	570	38	10	0	55	1130	34	2	2	23
Bomb - Nug (4")	450	24	11	0	55	1110	38	2	3	22
Cheba Chiesel - Nug (4")	450	26	13.5	0	65	740	33	1	1	22
Chronic - Nug (4")	330	7	2.5	0	40	1180	44	1	11	21
Dank - Nug (4")	570	38	16	0	90	1890	35	2	3	26
G-13 - Nug (4")	390	19	5	0	50	1180	33	1	2	22
Griego - Nug (4")	330	16	6	0	25	630	37	4	3	12
Jamaican Red - Nug (4")	400	19	7	0	55	1600	34	2	2	23
KGB - Nug (4")	340	13	3.5	0	45	880	35	1	3	22
Kali Mist - Nug (4")	420	22	5	0	50	1150	36	3	3	21
La Canna - Nug (4")	430	23	6.5	0	70	1790	33	1	2	23
Magic Mushroom - Nug (4")	240	5	2.0	0	15	800	38	2	7	10
Midwest Best - Nug (4")	360	15	5	0	50	1270	33	1	2	20
Pac Blue - Nug (4")	310	13	3.5	0	35	680	32	1	2	16
Pakalolo - Nug (4")	420	19	5	0	55	1120	41	1	11	18
Panama Red - Nug (4")	440	20	9	0	55	1240	35	2	2	30
Power Plant - Nug (4")	340	14	3.0	0	10	830	43	6	4	13
Sensi Kush - Nug (4")	610	40	10.5	0	40	1200	39	3	6	21
Sticky Icky - Nug (4")	410	16	3.0	0	0	500	55	3	18	14
Thai Stick - Nug (4")	370	13	4.5	0	45	1250	39	1	6	23
The Kind - Nug (4")	300	10	3.5	0	40	1020	33	1	2	21
White Widow - Nug (4")	490	28	8.5	0	60	1220	34	1	2	27

ON WHEAT BREAD SUBTRACT: 20 CALORIES

SUBS ON GARLIC HERB BREAD PINNER SIZE (8")	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
5-0 - Pinner (8")	910	49	13	0	145	3700	66	2	4	46
A-train - Pinner (8")	990	61	21	0	90	2110	79	5	11	35
AK-47 - Pinner (8") - No Au Jus	670	22	11	0	90	2090	71	3	6	50
Acapulco Gold - Pinner (8")	890	37	15	0	110	2320	85	2	20	56
Apollo 13 - Pinner (8")	1150	76	21	0	105	2270	68	3	3	45
Bomb - Pinner (8")	890	47	23	0.5	105	2220	75	5	7	45
Cheba Chiesel - Pinner (8 Inch)	910	52	26	0	125	1480	66	2	3	44
Chronic - Pinner (8")	660	15	5	0	80	2360	88	2	23	42
Dank - Pinner (8")	1140	75	32	0	180	3780	70	3	7	53
G-13 - Pinner (8")	770	37	10	0	100	1260	67	2	5	44
Griego - Pinner (8")	670	31	11	0	50	1270	73	7	6	24
Jamaican Red - Pinner (8")	790	38	15	0	110	3200	67	3	4	46
KGB - Pinner (8")	680	26	7	0	85	1760	69	3	5	44
Kali Mist - Pinner (8")	840	44	10	0	100	2310	72	6	6	41
La Canna - Pinner (8")	870	46	13	0	135	3580	66	2	4	45
Magic Mushroom - Pinner (8")	480	11	4.0	0	25	1590	77	3	14	21
Midwest Best - Pinner (8")	710	31	10	0	100	2540	65	2	5	40
Pac Blue - Pinner (8")	620	26	7	0	65	1360	64	2	3	33
Pakalolo - Pinner (8")	830	37	10	0	110	2250	82	2	22	36
Panama Red - Pinner (8")	870	40	19	0	115	2470	71	3	5	60
Power Plant - Pinner (8")	690	29	6	0	20	1650	86	11	7	27
Sensi Kush - Pinner (8")	1230	81	20	0	80	2400	78	7	13	42
Sticky Icky - Pinner (8")	820	31	6	0	0	990	111	6	36	27
Thai Stick - Pinner (8")	740	27	9	0	85	2510	77	3	13	46
The Kind - Pinner (8")	600	20	7	0	80	2040	66	2	5	43
White Widow - Pinner (8")	980	55	16	0	120	2440	68	2	4	53

ON WHEAT BREAD SUBTRACT: 40 CALORIES

SUBS ON GARLIC HERB BREAD BLUNT SIZE (12")	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
5-0 - Blunt (12")	1370	74	20	0	215	5550	99	3	6	69
A-train - Blunt (12")	1480	91	32	0	135	3160	119	8	16	52
AK-47 - Blunt (12") - No Au Jus	1000	33	16	0	135	3140	107	4	10	75
Acapulco Gold - Blunt (12")	1340	55	23	0	165	3480	127	3	31	84
Apollo 13 - Blunt (12")	1720	113	31	0	160	3400	102	5	5	68
Bomb - Blunt (12")	1340	71	34	1.0	160	3330	112	7	10	67
Cheba Chiesel - Blunt (12")	1360	79	39.5	0	190	2220	99	4	4	66
Chronic - Blunt (12")	980	22	8	0	120	3540	132	4	34	63
Dank - Blunt (12")	1710	113	48	0	270	5680	105	5	10	79
G-13 - Blunt (12")	1160	56	15.5	0	145	3530	100	3	7	66
Griego - Blunt (12")	1000	47	17	0	75	1900	110	11	9	36
Jamaican Red - Blunt (12")	1190	56	22	0	165	4800	101	5	5	70
KGB - Blunt (12")	1020	39	10	0	130	2640	104	4	8	66
Kali Mist - Blunt (12")	1260	66	15	0	145	3460	108	9	9	62
La Canna - Blunt (12")	1300	69	19.5	0	205	5370	99	3	6	68
Magic Mushroom - Blunt (12")	730	16	6	0	40	2390	115	5	22	31
Midwest Best - Blunt (12")	1070	46	15.5	0	150	3810	98	3	7	60
Pac Blue - Blunt (12")	930	39	11	0	100	2040	96	4	5	49
Pakalolo - Blunt (12")	1250	56	15	0	165	3370	123	4	34	53
Panama Red - Blunt (12")	1310	60	28	0	170	3710	106	5	7	89
Power Plant - Blunt (12")	1030	43	9	0	30	2480	129	17	11	40
Sensi Kush - Blunt (12")	1840	121	30.5	0	120	3590	117	10	19	63
Sticky Icky - Blunt (12")	1220	47	9	0	0	1490	166	9	55	41
Thai Stick - Blunt (12")	1100	40	14	0	130	3760	116	4	19	69
The Kind - Blunt (12")	900	30	11	0	120	3060	99	3	7	64
White Widow - Blunt (12")	1470	83	24.5	0	180	3660	102	4	6	80

ON WHEAT BREAD SUBTRACT: 60 CALORIES

MUNCHIES & SIDES	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cereal Treats - Cinnamon Squares	510	17	13	0	30	280	87	2	49	2
Cereal Treats - Cocoa Dyno	490	13	8	0	30	340	90	0	54	2
Cereal Treats - Crunch Berry	500	14	8	0	30	380	91	0	52	2
Cereal Treats - Lucky Charms	470	13	8	0	30	350	84	2	50	3
Cereal Treats - Rice Krispies	430	12	7	0	30	370	77	0	35	3
Cereal Treats - Tooty Fruities	450	13	8	0	30	230	82	1	50	2
Cookies	460	16	7	0	45	310	79	2	27	6
French Onion Soup	310	24	6	0	20	560	16	0	2	9
Garlic Cheese Bread (12PC) W/ Marinara & Ranch	810	48	15	0	70	1460	69	3	6	25
Goo Balls	510	19	8	0	25	380	79	2	44	7
Loaded Not-chos	610	47	16	0	80	1530	32	2	3	16
Loaded Not-chos (with Chicken)	750	55	18	0	110	1990	34	2	3	29
Pretzel Nugs & Honey Mustard	870	50	9	0	50	1130	92	2	22	10
Side Salad (No Dressing)	250	13	2.5	0	4	300	27	6	9	6
BBQ Bowl of' Balls	460	34	16	0.5	90	1150	14	2	6	21
Greek Bowl of' Balls	460	37	16	0.5	80	1420	8	2	1	20
Marinara Bowl of' Balls	470	36	15.5	0.5	80	1290	13	3	4	23
Teriyaki Bowl of' Balls	460	34	15	0.5	85	1530	16	2	8	21

SAUCES & DRESSINGS	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Au Jus	10	0	0	0	0	330	2	0	0	0
BBQ Sauce	90	0	0	0	0	600	21	0	18	0
Chipotle Mayo	330	36	5	0	35	310	1	0	0	0
Dijonnaise Sauce	290	30	4.5	0	40	420	0	0	0	0
Garlic Butter	440	49	17	0	57	179	1	1	0	1
Greek Dressing - Large	520	55	8	0	0	20	1	0	0	0
Greek Dressing - Small	260	27	4.0	0	0	10	1	0	0	0
Handcrafted Marinara	25	0.5	0	0	0	170	4	0	2	1
Honey Mustard	250	21	3.0	0	25	240	15	0	15	0
Honey-Sriracha	100	0	0	0	0	440	24	0	24	0
Horseradish	230	22	3.5	0	20	270	5	0	0	0
House Cream Cheese	220	20	12	0	50	180	2	0	1	4
House Dressing - Large	730	78	11	0	0	0	0	0	0	0
House Dressing - Small	370	39	6	0	0	0	0	0	0	0
Hummus	140	8	1.0	0	0	320	13	4	2	6
Jalapeno Cream Cheese	170	15	10	0	40	160	2	0	1	4
Jalapeno Hummus	130	8	1.0	0	0	280	12	4	2	5
Jamaican Red Sauce	70	8	5.0	0	20	1380	1	0	0	0
Signature Ranch - Large	450	47	7	0	50	520	5	0	3	2
Signature Ranch - Small	230	24	3.5	0	25	260	2	0	1	1
Teriyaki Sauce	70	0	0	0	0	1460	16	0	14	0

COTTONMOUTH CURES [DRINKS] PER 20 FL. OZ.	Calories	Total Fat (g)	Saturated Fat (g)	Trans Fat (g)	Cholesterol (mg)	Sodium (mg)	Total Carbohydrate (g)	Dietary Fiber (g)	Sugars (g)	Protein (g)
Cherry Pepsi	270	0	0	0	0	50	70	0	70	0
Dr. Pepper	250	0	0	0	0	100	66	0	64	0
Kool Aid - Blue Raspberry Lemonade	140	0	0	0	0	25	35	0	35	0
Kool Aid - Grape Berry Splash	140	0	0	0	0	65	35	0	35	0
Kool Aid - Tropical Punch	130	0	0	0	0	15	35	0	35	0
Lemon Lime Mist Twist	250	0	0	0	0	50	67	0	67	0
Lemonade	200	0	0	0	0	0	50	0	50	0
Mountain Dew	270	0	0	0	0	85	72	0	72	0
Orange Crush	270	0	0	0	0	115	72	0	72	0
Pepsi	250	0	0	0	0	50	70	0	70	0
Aqua Fresca - Berry Patch	220	0	0	0	0	15	52	0	52	0
Aqua Fresca - Blackberry	220	0	0	0	0	15	52	0	50	0
Aqua Fresca - Clementine	150	0	0	0	0	15	37	0	37	0
Aqua Fresca - Farmer's Punch	200	0	0	0	0	15	48	0	47	0
Aqua Fresca - Hibiscus	200	0	0	0	0	15	48	0	48	0
Aqua Fresca - Lemonade	220	0	0	0	0	25	52	2	48	0
Aqua Fresca - Limeade	220	0	0	0	0	15	52	3	48	0
Aqua Fresca - Mandarin Cardamom	220	0	0	0	0	15	50	0	50	0
Aqua Fresca - Mango	150	0	0	0	0	15	37	2	35	0
Aqua Fresca - Peach	150	0	0	0	0	15	37	2	33	0
Aqua Fresca - Strawberry Dragonfruit	200	0	0	0	0	15	48	0	48	0
Aqua Fresca - Sweet Tea	200	0	0	0	0	15	52	0	50	0
Aqua Fresca - Unsweetened Black Tea	10	0	0	0	0	15	2	0	0	0
Aqua Fresca - Unsweetened Green Tea	10	0	0	0	0	15	2	0	0	0